

Our students love attending martial art sessions at Sensory Taekwon-do in Bergenfield. The instructors are very welcoming and dedicated. They are aware of each student's particular needs and take the time to give students individual attention when necessary while maintaining a group-learning atmosphere. Each session proceeds at an even pace with a good variety of exercises and activities designed to challenge each student's abilities while ensuring a level of success.

In our group of 14, the program benefits students with a wide variety of physical fitness levels. The class helps release excess energy for some while encouraging physical movement for the less active student. The students look forward to going to Sensory Taekwon-do and seem motivated to improve their skills.

The Access Program
NVD High School